



## **HEALTH AND WELLNESS / EMPLOYEE SUPPORT**

### **1.0 Rationale**

District School Board Ontario North East is committed to creating and maintaining a healthy workplace. The Board believes that both individual and organizational health are important factors affecting the ability of all employees to attend work and to contribute fully to our mission to providing a safe, positive and mutually respectful student focused environment which promotes the development of skills, knowledge and attitudes necessary for life-long learning. This Policy combines prevention and intervention to achieve the goals of personal and workplace wellness.

### **2.0 Definitions**

### **3.0 Policy**

Regular attendance by all employees is essential in order to carry out District School Board Ontario North East's mandate. The Health and Wellness/Employee Support Policy is a comprehensive program aimed at positively supporting the health of employees and the organization.

The Health and Wellness/Employee Support Policy is consistent with the *Ontario Human Rights Code*, the *Workplace Safety and Insurance Act*, *Employment Standards Act* and the *Municipal Freedom of Information and Protection of Privacy Act*.